



ROME PUBLIC SCHOOLS - SCHOOL LUNCH MENU - JANUARY 2020

STROUGH MIDDLE SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

SCHOOLS CLOSED
WINTER RECESS

6 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Dinner Roll, Green Beans
Blueberries
Variety of Sandwiches

7 CHICKEN RIGGIES

Tender Chicken in a Cream Sauce
w/ Rigatoni
Garlic Bread, Romaine Salad w/
Italian Dressing, Fruit Cocktail
Variety of Sandwiches

8 BURGER DAY

Cheese Burger on a Bun
Baked Beans
Pineapple Tidbits w/Mandarin
Oranges
Variety of Sandwiches

9 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Corn, Apple Sauce
Variety of Sandwiches

10 PIZZA DAY

Cheese Pizza
Glazed Carrots
Peach/Pear Combo
Variety of Sandwiches

13 BRUNCH LUNCH

Mini Pancakes w/Sausage Links
OR Croissant w/Ham & Cheese
Tator Tots
Orange Juice, Tomato Juice
Variety of Sandwiches

14 TACO DAY

Soft Tortilla Shell w/Taco Meat,
Shredded Lettuce, Tomato, Cheese,
Salsa, Herbed Rice, Golden Corn
Cinnamon Apple Sauce
Variety of Sandwiches

15 HOT DOG DAY

Hoffman Hot Dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Cut Oranges & Kiwi
Variety of Sandwiches

16 PASTA DAY

Baked Ziti w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread
Cinnamon Apple Sauce
Variety of Sandwiches

17 PIZZA DAY

Cheese Pizza
Steamed Broccoli
Baked Apple Crisp
Variety of Sandwiches

20

SCHOOLS CLOSED
MARTIN LUTHER KING, JR DAY



21 PIZZA BITES

Pizza Bites w/Dipping Sauce
Tossed Salad w/Italian Dressing
Fresh Apple Slices
Variety of Sandwiches

22 SOUP & SANDWICH

Homemade Chicken Noodle Soup
w/Saltines
Grilled Cheese Sandwich
Baby Carrots w/Ranch, Pears
Variety of Sandwiches

23 CHICKEN TENDERS

Chicken Tenders w/BBQ Sauce
French Fries
Dinner Roll
Chilled Peaches
Variety of Sandwiches

24 PIZZA DAY

Cheese Pizza
Golden Corn
Fruit Cocktail
CHOCOLATE CAKE DAY!
Variety of Sandwiches

27 CHINESE NEW YEAR

Chicken Nuggets w/Sweet & Sour
Dipping Sauce, Rice
Steamed Broccoli, Fortune Cookie
Pineapple & Mandarin Oranges
Variety of Sandwiches

28 NACHO GRANDE

A Bed of Nacho Chips w/Taco
Meat, Cheese Sauce & Salsa
Mexican Bean Salad
Apple Sauce
Variety of Sandwiches

29 LASAGNA ROLL-UPS

Lasagna Roll-Up w/Meat Sauce
Romaine Salad w/Italian Dressing
Garlic Bread
Chilled Peaches
Variety of Sandwiches

30 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Green Beans, Cranberry Sauce
Variety of Sandwiches

31 STUFFED CRUST DAY

Stuffed Crust Pizza
Sweet Potato Fries
Strawberries & Cream
Variety of Sandwiches

Elementary \$1.90

Upper Elementary \$1.90

Strough \$1.90

RFA \$2.00

Milk \$.50 Ice Cream \$.75

Condiments include:

Ketchup

Mustard

Mayonnaise

***A friendly reminder that applications for Free & Reduced priced meals may be filled out throughout the year and are available at each school, Romecsd.org or can be mailed to you.**

MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE AVAILABLE DAILY - MENU SUBJECT TO CHANGE

"USDA is an equal opportunity provider and employer."